



Balancing Clay Facial Mask

a deep cleansing clay mask

Ingredients

- 60 grams French Black Clay
- 50 grams Glacial Clay
- 60 ml Organic Helichrysum Hydrosol, divided
- 60 ml Rose Damascena Hydrosol, divided
- 5 ml Organic Virgin Rose Hip Seed Oil
- 1.25 ml Lactobacillus Ferment, divided
- 0.65 ml Organic Rose Geranium Essential Oil
- 0.65 ml Organic Melissa (Lemon Balm) Essential Oil

Makes about two 2-ounce jars

Directions:

1. Place the black clay in one container, and the glacial clay in another.
2. Add 30 ml of each hydrosol, along with 0.65 ml of the lactobacillus ferment to the glacial clay and stir well until blended.
3. Add 30 ml of each hydrosol, along with 0.65 ml of the lactobacillus ferment to the black clay and stir well until blended.
4. Combine the rose hip seed oil with essential oils, then divide the blended oils equally between the two clay mixtures.
5. Mix each well, then transfer to jars or use right away.

Usage & Packaging:

- We recommend packaging the two mixtures side by side in jars, creating a dramatic visual effect and providing ease of use. Our 2-Ounce Flint Glass Jars are great for this purpose.
- To use, apply a thin layer of mask to clean, moistened skin. Black clay should be applied to the T-zone or any other oily regions of the face. Glacial Clay should be applied to the dryer portions of the skin such as the cheeks. Allow mask to set for up to 15 minutes before rinsing with warm water. Follow with toner and moisturizer as needed.
- Please note: While we have added a natural preservative to this formula it has not been challenge tested for shelf-stability. For personal use, this mask should be used within one week or stored in the refrigerator for up to three weeks. If you are planning to use this formulation as inspiration for a commercial product we strongly recommend working with a lab to ensure product stability.

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