



Menthol Eucalyptus Foot Cream

an invigorating lotion for tired feet

Ingredients

- 60 grams Organic Lavender Hydrosol
- 30 grams Organic Virgin Coconut Oil
- 20 grams Sweet Almond Oil
- 10 grams Emulsifying Wax
- 5 ml Lactobacillus Ferment
- 5 ml Elderberry Extract
- 2 grams Organic Menthol Crystals
- 1.25 ml Organic Eucalyptus Globulus Essential Oil

Makes about 2 2-ounce (60 ml) jars

Directions:

1. Combine coconut oil and emulsifying wax in double boiler and heat until fully melted. Add almond oil and elderberry extract, followed by menthol crystals. Stir until crystals are dissolved, then set aside.
2. Heat lavender hydrosol gently until it reaches about 160F. Remove from heat, and add lactobacillus ferment.
3. Slowly drizzle the hydrosol portion into the oils portion while whisking continuously. Continue to whisk for 3-5 minutes.
4. When the mixture begins to cool and thicken, add eucalyptus essential oil and whisk again until it is fully blended.
5. Transfer cream to jars and allow to cool to room temperature before adding caps.

Usage & Packaging:

- We packaged our Menthol Eucalyptus Foot Cream in our 2-ounce Flint Jars. They would also look lovely in PET.
- To use, slather a generous portion of cream onto feet and massage well.
- Please Note: While this formula does contain preservatives, it has not been challenge tested for shelf stability. Please keep in mind that any formula intended for sale or commercial use should be professionally challenge tested.

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