



Apricot Oatmeal Glycerin Soaps

a sweet cinnamon melt & pour soap

Ingredients

- 2 pounds Coconut Clear Melt & Pour Soap Base
- 15 grams Organic Whole Oat Flour
- 8 grams Whole Oats
- 1 teaspoon Water Dispersible Titanium Dioxide
- 5 drops Cinnamon Bark Essential Oil
- 15 ml Apricot Plant-Based Fragrance Oil, divided
- 1/8 teaspoon Tangerine Mica Powder
- 1/8 teaspoon Chromium Oxide Green

Makes about twelve 100-gram (3.5-ounce) bars

Directions:

1. Dice soap base and measure into three sections; 450 grams (16 ounces), 140 grams (5 ounces), 315 grams (11 ounces).
2. Melt the 450 gram batch of soap base in a double boiler. Meanwhile, combine 10 ml of apricot plant-based fragrance oil with the tangerine mica in a small vessel. Stir well to break up any clumps.
3. Remove melted soap from heat and let sit for 2 minutes. Stir to distribute remaining heat, then add the mica and fragrance oil mixture. Stir well to distribute ingredients.
4. Carefully pour melted soap base into long, cylindrical molds to create a round tube. Chill tube in fridge or freezer, if possible, to speed up hardening. When the soap is fully cooled and hardened, remove from mold and repeat with remaining melted soap base.
5. Clean the double boiler and reset it on the stove for the next batch of soap. Add the 140 gram batch of soap to the double boiler and heat until fully melted. Meanwhile, combine the remaining 5 ml apricot plant-based fragrance oil with the chromium oxide in a small vessel. Stir well to break up any clumps.
6. Remove melted soap from heat and let sit for 1 minute. Stir to distribute remaining heat, then add the mica and fragrance oil mixture. Stir well to distribute ingredients. Pour melted base into the bottom of a loaf mold, coating the bottom to create a thin layer of soap. Allow this soap to cool and harden at room temperature while you prepare the next batch of soap.
7. Clean the double boiler and reset it on the stove for the last batch of soap. Add the 315 gram batch of soap to the double boiler and heat until fully melted. Meanwhile, combine the oat flour, titanium dioxide, and ground cinnamon in a small vessel and mix well.
8. Remove melted soap from heat. Sift in oat flour mixture to the melted soap base followed by the whole oats, and stir well to distribute ingredients. Return mixture to the double boiler with heat on low or turned entirely off.

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Directions:

9. Remove the orange and green soap blocks from their molds. Using a sharp knife, trim each block to match the length of your loaf mold. A snug fit is ideal.
10. Slice the green layer of soap into three long strips, then bevel the edges to give the strips a diamond shape (as pictured below).
11. Pour a thin layer of melted soap into the bottom of the loaf mold, then place two orange blocks inside. Cover the blocks with more melted soap, then place two green diamonds next to them, gently pushing them into the melted soap. Where you place these green pieces will determine the placement of the "leaves" in your final design.
12. Pour the rest of the melted soap into the mold, then place the last orange and green pieces, letting them stick out of the top of the loaf. You may want to push them down just a little to make sure they are deep enough in the melted soap to stay well connected.
13. Allow the soap to cool until completely hardened. This could take up to an hour or two depending on the room temperature and the temperature of the soap when it was poured.

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