



Cardamom Rose Lip and Body Polish

Gentle exfoliation for dry skin

Phase	Trade name	Functionality	w/w%
A	Organic Nilotica Shea Butter	Soothes, protects, moisturizes	15
B	Organic Rose Hip Seed CO2 Total Extract	Supports mature and soothes problematic skin	2
	Organic Evening Primrose Oil	Emollient, nourishes, soothes and moisturizes	10
	Cardamom CO2 Select Extract	Aromatic, promotes uplifted spirits and healthy respiratory system	1.50
	Wild Rose Plant-Based Fragrance Oil	Aromatic	1.50
C	Organic Sugar (Evaporated Cane Juice)	Natural exfoliant	70

Directions:

1. Melt Phase A in a double boiler and heat until fully melted.
2. Remove from heat, allowing to cool slightly.
3. Add Phase B to Phase A and stir until blended.
4. Allow mixture to cool slightly.
5. Add Phase C to cooled, blended Phases A and B, and mix well until all phases are fully incorporated.
6. Pour into your containers.

Usage & Packaging:

- Apply to skin and massage in using circular motions for best exfoliation results.
- For the Body Polish, we used our 4 oz. Clear Flat PET Jars with White Caps and for the Lip Polish we used our Crystal Jar.

For Additional Recipes:
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